

## Mr. Tom Hiddleston, please respect Ophelia

Par Ophelia

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MR. TOM HIDDLESTON, PLEASE RESPECT OPHELIA

"Je vous connais, Milord, vous ne m'avez jamais vue  
je ne suis qu'une fille du port, une ombre de la rue."  
Georges Moustaki pour Edith Piaf

Dear Mr. Hiddleston,

I'm a girl that discovered you through the character of Loki and began to search for webpages and videos to know more about him and you. In some interviews I found that you said Loki "needs Prozac and a lot of therapy", "is a damaged psychopath", "is intelligent yet broken", "needs TLC". I took Prozac and went to a lot of therapists because of depression and anxiety and that really stunned and saddened me, because I felt my suffering publicly belittled and mocked through a character I wanted to love.

Why "damaged psychopath"? To act upon anger, pain or ambition, to make wrong choices doesn't mean to be mentally ill. Why "intelligent yet broken"? Is "broken" synonym for "stupid"?

You said "If I were Loki's therapist I would say First of all we need to put a down payment on least 30 sessions (...) I probably would be on business for the rest of my life. He'll be coming back every day saying I've got this other thing to tell you, there was this other time where Odin said this..." Why is it ridiculous to have a lot of painful things to tell, why is it wrong to suffer for what somebody said to you? You are an actor, you should know that with words you can kill. "He needs tender loving care... lots of love, lots of listening and a lot of time on that couch". Please don't turn listening into a derisory lie told to a damaged being without hope to change. Love is something very important, don't make it a mockery. Loki is NOT a model of mental illness, please don't use him to spread disregard on suffering.

I don't ask you to change idea, because one changes his ideas only with experience. I ask you only to not say this in public, because every time you talk there are thousands of people trusting you and there is already a lot of disregard on suffering and difficulties. A TUMBLR subscriber wrote under a pic of Loki suffering in cell "Love the hair-Despise sadness". I think it's enough to understand what kind of world we live in. I don't ask you to do it for me, but for all those intelligent, sensitive, talented girls suffering from depression, anxiety, PTSD, taking

